Women cell Report

1-7- 2014 to 30-6-2019

The Women’s cell at EMEA college was started with the aim of  empowering and orienting women to recognize their true potential and to help them attain their own stand in a competing world. Its goal is the overall development of girl students in all spheres of their life. It also helps in creating awareness about important issues related to women and provides a forum for discussion and deliberation on a range of issues from empowerment to environment. It also seeks to empower young women to attain emotional, physical and mental freedom to withstand the changing phases throughout their life.

A 3 day workshop on project identification was successfully conducted on 31.10 2014 to 2.11.2014.The workshop included fabric painting, jewellery making and project report preparation. Again another one day workshop on fabric painting was conducted on 21.3.15 owing to the interest from the students side.45 students participated in this 3 day workshop ’Mrs. Rukmini S nair was the resource person for this program.

A self defence class was conducted for girls to build confidence in physical resistance skills which allows women to feel more capable and more at peace in potentially dangerous situations.As self defense is very important for women in this imperfect world, women cell and the kerala police department joinly organised a one day program named “Nirbhaya”on 16.2.2016.. Around 200 students participated in which they were thought the different strategies and moves every women should practise.

Today’s college students are tomorrow’s citizens who build up the next society.

It is the role of the college authorities to help students to see their academic path clearly and enable them to excel well. So in order to motivate the students, the women cell organised a motivation class on 3.11.2016 on the topic “Mind & Success” by Imbichibava K. a mind trainer. About 200 students attended the program. This class really motivated them to work hard and perform well in academics as well as helped them to see the life from the right perspective.

The women cell decided to start a certificate course in culinary arts with special emphasis to cooking and baking. This course is structured to teach the fundamental and basic concepts of culinary techniques to include the cooking techniques, sanitation, safety, equipment usage and maintenance. This cooking class teaches students the basic techniques for baking foods. They learn specific techniques for creating breads and pastries, including the creaming and blending methods. Both classroom and practical knowledge are imparted to help understand what makes the cooking and baking process successful. The course started on 23/9/2017 with 40 participants. They successfully completed the course ‘cook & bake’ on 25/11/2017 and certificates were issued.

The women cell conducted a certificate course in Textile colouring which included liquid painting. Around 47 students actively participated in the course.

This year also the certificate course “cook and bake” was successfully conducted and certificates were distributed.

Malabar gold and Times of India jointly organised a “ Golden girl contest” on 13th February 2019 to bring out different varieties of talents hidden in each student. Around 60 students participated in the contest from which 5 girls were selected and were given a scholarship amount of 20000/- each.

A yoga class was conducted for the hostel girls from morning 7.00-8.00am.Mrs.Roji Sunny was the trainer.15 students participated in the yoga class.